

Come and Find Rest

Wednesday, December 10, 2014
2nd Week of Advent



“Come to me all who labor.” Matthew 11:28

During the second week of Advent let us reflect on the image of Jesus as the Good Shepherd. He invites each of us to come to Him and find rest. We have begun the time of waiting and longing. However, the waiting and longing must be done within the silence of one’s heart. Jesus speaks to the heart and whispers to the soul. It will become a reality when we come to prayer with an openness to be filled with Advent longing and say: “Come Lord Jesus.” Jesus replies “Come and find rest.”

Prayer:

Lord, let us place wreaths on the doors of our own hearts, so that the Holy Spirit may find these doors, enter in, and take up his lodging there, and by his presence, make us holy. We ask that the entrance of the Holy Spirit create an island of calm and gentleness within us. Amen (from Advent and Christmas Wisdom by Henri J.M. Nouwen)

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Isaiah 40: 25-31

Psalm 103: 1-4, 8, 10

Matthew 11: 28-30